

pb & chai chipotle chicken skewers

\*forget pb & j\*s between classes\*

3 teaspoons chai chipotle

1/3 cup hot water

1/3 cup teriyaki bbq sauce

1/3 cup peanut butter of choice

1/3 cup chopped cilantro

1/4 cup soy sauce

2 tbs grey poupon honey dijon

1lb chicken tenderloin strips

mix together marinade- reserve 1/2 for dipping. put other half in ziploc w/chicken for 2-3 hours place on skewers and grill till perfection! whoooo hoooo this is an a plus!

